

Resources

Other community agencies offer services that complement the household and personal care IHSS provides. For comprehensive information about services for disabled and elderly persons, call 2-1-1.

- Some communities have organizations that deliver hot meals to homebound adults or offer surplus food to low-income families. Call 2-1-1 or your City Hall for more information on senior meal programs.
- The Multipurpose Senior Services Program (MSSP) helps people 65 and over who are Medi-Cal eligible and at risk of nursing home placement remain in their homes. Call 805-477-7300 for more information.
- Adult Protective Services (APS) serves elders and dependent adults who appear to be abused or neglected. APS investigates reports of neglect, abandonment, and physical, financial, or sexual abuse. Call 805-654-3200 to report abuse or neglect.
- Health Insurance Counseling & Advocacy Program (HICAP) provides Medicare beneficiaries with health plan counseling, advocacy, education, and legal help with Medicare appeals. Call 805-477-7300 for more information.
- Adult Day Health Centers offer rehabilitation and socialization services and activities for people 60 and older who are eligible for Medi-Cal. Call 2-1-1 for more information.
- Tri-County Regional Centers provide services to help individuals with developmental disabilities remain in their homes. These services can complement those that are provided by IHSS. The intake number is 805-351-3071.



4245 Market Street, Suite 204
Ventura, CA 93003
805-654-3260

2900 N. Madera Road, Suite 110
Simi Valley, CA 93065
805-306-7935

Toll Free:
866-904-9362

vchsa.org

In-Home Supportive Services

Lending a hand to the elderly and disabled



Who We Are & What We Do



In-Home Supportive Services (IHSS) consumers need quality care so they can remain safe and comfortable in their homes. Some IHSS consumers choose a relative or friend to care for them, but others need help finding a quality care “provider.” IHSS Public Authority provides registration and training services to all IHSS Providers whether they are non-relatives, relatives, friends, or newly matched with an IHSS consumer.



IHSS Public Authority also provides recruitment, screening, and referral services to IHSS Providers who want to be matched with an IHSS consumer. All services are provided at no cost to the IHSS consumer.



It is important that IHSS consumers and IHSS providers are comfortable with each other, and that the IHSS consumers take an active role in their own independence and household.

IHSS Providers are caring individuals who want to help IHSS consumers live high-quality lives in their own homes. IHSS Providers provide services such as the following:

- Meal Preparation & Cleanup
- Feeding
- Oral Hygiene
- Grooming
- Shopping for Food



- Bowel & Bladder Care
- Bathing
- Dressing
- Laundry
- Domestic Chores

